

Clare DAVY

 @thereconstructedwoman

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BUILDING BEAUTIFUL LIVES THROUGH CHRIST

about clare

Clare Davy is a Motivational Speaker, Christian Life and Marriage Coach, and Counselor located in Maryland. She is the founder of The Reconstructed Woman Coaching Company where she empowers women to break free from messy mindsets from the pain of their past through her speaking engagements, online workshops, and group coaching programs.

Clare can be found online through her various social media outlets or over at The Reconstructed Woman Podcast with Clare Davy where she is a voice for women who need healing, deliverance, discipleship, and TRUTH. Her bold style and knack for speaking unwavering truth help deliver her powerful messages of finding freedom and building a beautiful life through Christ!

Clare is also currently working on her first book, *From Trauma to Triumph*, that is tentatively set to release in 2021!



keynotes

TRAUMA TO TRIUMPH

In this talk Clare shares her personal testimony on how she healed from the trauma of childhood physical and sexual abuse. She boldly declares the hard truth about being a victim of abuse and what damages it causes. She encourages the listener that building a beautiful life after abuse is possible. She provides the tools and a clear path to help abused women start their healing process.

BUILDING BIBLICAL BOUNDARIES

She shares her personal experience of how she went through a season of building boundaries. Clare shares the importance of building biblical boundaries in order to guard your heart and home. You will walk away from this talk encouraged, empowered and educated on building boundaries with NO GUILT.

SIMPLIFY & NOURISH

In this talk Clare shares the story when she went from full time career to full time mommy. She discusses the highs, lows and lessons she learned along the way. She touches on the importance of having your identity rooted in Christ and nothing else. She tells you how to eliminate excess in your head, heart, and home so you can build a missional motherhood without the mess!

FINDING FREEDOM IN FORGIVENESS

In this talk Clare shares how she was able to forgive the people that wounded her through abuse. She discusses how forgiveness is an ESSENTIAL ingredient in order for you to find freedom in mind, body, and spirit. She discusses the effects of harboring bitterness within. She gives you wisdom, tools, and applicable steps to help set you free!

testimonial

"Clare is the true "Reconstructed Woman" Through her passion and the Holy Spirit she is able to help others just like myself push through their limits. She has helped me become a better wife, mother and friend. If your looking for spiritual clarity and peace, Clare is able to break down your walls and get you to truth."

~ BRITTANY